<u>January 9, 2013</u>



Orange Vanilla Smoothie

Start the New Year off right! This delicious and versatile smoothie is a fantastic way to start the day...and the year! Make a pitcher in the morning and the whole family will benefit from this quick and easy start to their day. Add other favorite fruits for serving options. Packed with flavor, no one will even know they are eating healthy! Enjoy! -Gina



Mix It Up ...

Mix all ingredients in blender until smooth and creamy.

Add some additional fresh blueberries, strawberries and pineapples chunks for a super smoothie drink.

You can make a pitcher and keep some fresh fruit aside to start your morning!

Tip: For more than one serving, multiply ingredients by the number of servings.

Stop by Foodtown to pick up all of your ingredients to make this delicious smoothie!





